

A Non-Profit Organization Serving Citizens in Need

ANNE ARUNDEL COUNTY FOOD & RESOURCE BANK, INC.

Bruce Michalec, Executive Director

P.O. Box 650

Crownsville, MD 21032-0650

August 31, 2011

Principals & Directors of Participating Schools in Anne Arundel County

Dear Principal:

It is that time of year again for our annual *Kids Helping Kids – Harvest for the Hungry* Food Drive. The rules for the award categories have not changed from last year; however, please review them carefully as other information has changed. The state-wide *Kids Helping Kids – Harvest for the Hungry* food drive will run from Monday, October 17 through Friday, November 4 this year. You may continue your drive for the Anne Arundel competition beyond November 4.

Please complete and submit the ***Intent to Participate*** form included in this packet and fax or mail to Ben Brown at the addresses provided on this letter and on the form itself, not later than Friday, October 14.

In addition to awards given at the state level, Anne Arundel County Food & Resource Bank will be giving out awards to the top 10 winners in Anne Arundel County for –

- Combined food and money donations;
- Food Donations;
- Money Donations;
- Food Donations from a school with less than 150 students (only 1 winner).

For every \$1 donated, your school will be credited with 8 pounds of food **in the Anne Arundel competition only (not state-wide)**.

Please feel free to call us if you have any questions. Thank you for your continued support in helping those less fortunate in Anne Arundel. Teachers, students, and school staff are making a critical contribution to our communities and especially our food bank.

Sincerely,

Bruce Michalec
Executive Director

Phone 410-923-4255

Email: bruce@aafoodbank.org

Fax 410-923-4256

Better Together, Anne Arundel County -- State & County with Community & Church



INSERT YOUR SCHOOL HERE

Kids HELPING Kids FOOD DRIVE calendar

The *Kids Helping Kids* food drive provides students with an opportunity to learn about hunger and help other children in need. One-third of the people served by emergency food programs in Maryland are children under the age of 18. **Every \$1 collected equals 8 POUNDS OF FOOD!**

October 17, 2011 “CAN we ELIMATE HUNGER”

For a donation of \$1 (or more) your name will be written on a (SMILEY FACE/or symbol of choice) and placed on the “HUNGER WALL.” As more and more students show their generosity, the phrase HUNGRY KIDS literally disappears. The wall will symbolize (insert school name) COMMITMENT to CARE.

October 18, 2011 “Team-Up” Tuesday for the “Souper”Bowl.

Students & staff are encouraged to wear their favorite sports team clothing and/or accessories and donate hearty soups, stews or cans of chili. Lets “TEAM-UP” and “FIGHT HUNGER”.

October 19, 2011 “ WAKE UP WEDNESDAY”

Students are encouraged to bring in breakfast foods (cereal, granola bars, oatmeal, pop tarts)

October 20, 2011 “Twin Day Thursday”

Friends share their heart & their look with someone. Students & staff are encouraged to participate by dressing similar to their friends and/or favorite teacher. Each twin has been encouraged to donate a “twin pack” of something or items that “go together” like peanut butter & jelly.

October 21, 2011 “Meat the Need”

Students are asked to bring in a can of meat (Spam, chicken, ham) or tuna fish.

October 22, 2011 “Make a Difference Day”

Make a Difference Day is celebrated each year , and has become the nation’s largest day of volunteering. Join the 3 million volunteers who will rally to make a difference in their community. Students are encouraged along with their families to collect food within their communities. **Together WE CAN make a difference and END HUNGER.**

October 24, 2011 “MASCOTS for MEALS”

MASOTS for MEALS combines the competitive spirit of a design/build competition with a unique way to help feed the hungry. Each school will design and build **their mascot** made entirely from canned (or boxed) foods. ” Spirit Awards will be given to the top elementary, middle, and high school. Also, the public may cast votes online for the People’s choice award (insert pay pal information) **One dollar = One Vote.** Together, **WE CAN** build a world without hunger; one can at a time.

October 25, 2011 “Sugar & Spice and Everything Nice”

Students are asked to bring in baking items including flour, sugar, oil (plastic jugs), or ready to make dessert items (brownies, cakes, and cookies)

October 26, 2011 – BABY BASICS - “Get the picture?”

Donate “Baby Basics” for newborns to toddlers, including baby formula, food, and cereal; diapers, pull-ups and wipes. Also, Teachers and staff will be displaying photographs of themselves as a baby. Can you guess Who’s Who?

October 27, 2011 “Thirsty Thursday”

Students and Staff are encouraged to bring in bottled water, coffee, juice boxes, and Gatorade.

October 28, 2011 “Fruity Friday”

Students are asked to wear **bright colors** and donate cans of fruit

October 31, 2011 “TRICK or TREAT so others CAN EAT”

Parents are asked to drop off donations into the **TRICK or TREAT so others CAN EAT** collection bags (and pumpkins) located inside the classroom and on the parade route.

November 1, 2011 “Mac n’ Cheese”

YUMMY YELLOW – Students should wear yellow and donate boxes of macaroni and cheese.

November 2, 2011 “WASH UP” Wednesday

Students and Staff are encouraged to be “**CLEAN and GREEN**”. Students and staff are asked to **WEAR GREEN and bring in CLEAN** products, like laundry detergent, soap, shampoo, dish detergent, household cleaners, toilet paper, paper towels, toiletries.

November 3, 2011 “Don’t forget your VEGGIE’s Day”

Students are encouraged to bring in a can (or more) of their **FAVORITE** vegetables.

November 4, 2011 “FUNDS for FOOD” Friday”- FINAL COUNTDOWN :)

Principal for a Day” This **ONCE IN A LIFETIME OPPORTUNITY** invites students to “apply” for and serve as “Principal for a Day.” He or she will experience the opportunities, challenges, and rewards that encounters on a daily basis. This **ONCE IN A LIFETIME OPPORTUNITY** will be guaranteed with A donation of \$200 (**Remember checks made out to AA Food bank are 100 % Tax Deducible**)

“Battle of the Homerooms” Have each homeroom pledge a goal for how much money they think they can raise, and offer a prize for the homeroom who raises the most money.

Every \$1 collected equals 8 POUNDS OF FOOD

CHECK DONATIONS are 100% TAX DEDUCTIBLE

- As a registered charitable organization, The Anne Arundel County Food Bank will issue tax receipts for checks (Payable to AA county Food Bank)

KIDS HELPING KIDS 2011

**OCTOBER 17, 2011
TO
NOVEMBER 4, 2011**





Bernard J. Sadusky, Ed.D.
Interim State Superintendent of Schools

200 West Baltimore Street • Baltimore, MD 21201 • 410-767-0100 • 410-333-6442 TTY/TDD • MarylandPublicSchools.org

September 1, 2011

Dear Principal:

The Maryland State Department of Education is excited to kick-off another Kids Helping Kids Food Drive. **This year's campaign will be held October 17 – November 4, 2011.** This food will go directly to your community food bank which will distribute the food to soup kitchens, food pantries, and emergency shelters statewide. Our goal this year is to collect one million pounds of food to feed hungry Marylanders.

We ask that you appoint a coordinator in your school that can act as the contact person for your local food bank and be a cheerleader for the cause. This might be a parent, teacher, guidance counselor, or administrator. In this packet you will find all the necessary information. **Please read all enclosed materials and return the Intent to Participate form by Friday, October 14, 2011, to the Anne Arundel County Food Bank.**

As in previous years, we will recognize individual schools that display outstanding efforts. Thanks to our partners, which include Bank of America, Joe Corbi's, The Morris A. Mechanic Foundation, Morgan Stanley Smith Barney, and Safeway Foundation, schools that collect the most pounds statewide will receive monetary awards and certificates in an awards ceremony. In addition, Joe Corbi's will supply the top five schools with the most pounds collected and the top five schools with the most monetary donations collected with pizza party kits for the entire school!

If you have any questions, please call Ben Brown of the Anne Arundel County Food Bank at (410) 923-4255. You can also visit the Anne Arundel County Food Bank website at www.aafoodbank.org for more information. I look forward to working with all of you in this exciting, creative project to benefit both your school and the greater community. Together we can ensure that no child in Maryland goes hungry. Thank you for your support.

Sincerely,

Bernard J. Sadusky, Ed.D.
Interim State Superintendent of Schools

BJSNJD:mm

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Fact Sheet: Childhood Hunger

- 1 in 4 children are food insecure in the United States.
- 651,370 Marylanders are food insecure. Of this, 32 percent – 209,547 – are children.
- 15.3 percent of all children in Maryland are food insecure.
- Food insecure is a term used by the U.S. Department of Agriculture (USDA) to describe individuals that do not have consistent access to food and often do not know where their next meal is coming from.
- Children can be permanently impaired, physically and mentally by food insecurity. Children who do not have consistent access to food become malnourished and experience:
 - Delayed development of motor skills.
 - Decreased cognitive functions, which leads to lower scores on math and reading tests.
 - Feelings of anxiety, fatigue, depression and aggression.
 - Weakened immune systems, leading to chronic illnesses and absences from school.
- The Anne Arundel County Food Bank and its network distributed over \$1 million dollars of food through our programs to feed those in need, in Anne Arundel County. Programs include:
 - Pantry Program – Our pantries distributed approximately 75,000 bags of food to approximately 40,000 households.
 - Soup Kitchen Program – The Anne Arundel County Food Bank works with the Department of Human Resources to make sure cogenerate feeding sites always have a hot meal to offer. In FY 2011 our soup kitchens served over 426,000 meals to homeless and hungry citizens in our county.

Childhood Poverty in Your County

Name	People Living In Poverty - All Ages	Children Living in Poverty
Maryland	509,141	157,164
Allegany County	10,878	2,885
Anne Arundel County	34,650	10,873
Baltimore City	127,205	39,342
Baltimore County	63,931	17,359
Calvert County	4,749	1,701
Caroline County	4,330	1,525
Carroll County	9,735	2,708
Cecil County	9,903	3,093
Charles County	8,966	3,223
Dorchester County	4,838	1,683
Frederick County	12,674	4,040
Garrett County	3,643	1,154
Harford County	14,948	4,634
Howard County	12,597	4,067
Kent County	2,708	691
Montgomery County	64,607	19,496
Prince George's County	63,748	21,310
Queen Anne's County	3,461	1,035
St. Mary's County	8,536	2,941
Somerset County	4,915	1,367
Talbot County	3,150	997
Washington County	17,103	5,243
Wicomico County	12,036	3,984
Worcester County	5,828	1,814

* Source: U.S. Census Bureau, Small Area Income & Poverty Estimates. Release date: 12.2010

State-wide Program Details

Eligibility:

Participant eligibility is based on criteria set by the Maryland State Department of Education. The competition is limited to schools that are registered as public institutions.

Registration:

All participating schools must fill out the registration form and submit it to the Anne Arundel County Food Bank no later than **Friday, October 14, 2011**. There are three options for returning the form:

Mail:	Ben Brown Anne Arundel County Food Bank P.O. Box 650 Crownsville, MD 21032	Email: Ben@aafoodbank.org	Fax: 410-923-4256 Attn: Ben
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Late applicants are welcome, but the school will not be eligible for awards.

Duration of food drive:

For 2011, collection dates are restricted to **Monday, October 17 – Friday, November 4, 2011**. All participants are restricted to the designated dates of collection.

Most needed food items:

The following items are the most needed food items in your community:

MEAT & PROTEIN	BABY PRODUCTS	FRUITS & VEGETABLES	BREADS & CEREALS
Canned meat (Chicken, Tuna, etc.)	Diapers	Jam or Jelly (Plastic containers)	Oatmeal
Peanut Butter	Infant formula	Baked Beans	Boxed Breakfast Cereal
Powdered milk		Fruit (in Individual serving containers)	Pasta and Noodles (in boxes)
Canned soups and stews	Dry baby food (box)		

NOTE: Food of all types in pull tab or pop top containers needed.

Monetary donations:

Checks for all monetary donations should be made out to the county organization listed below.

Anne Arundel County Food Bank

Food pick-up:

All food **must** be boxed and easily accessible on the ground floor. Please label all boxes with school name.

Food will be picked up one to two weeks after the drive ends. A copy of a tentative schedule of food pickups in Anne Arundel County is available on our Anne Arundel County Food Bank website – aafoodbank.org . Please look up your school and notify Ben Brown (410-923-4255) if it is not listed. Schools will be notified of any changes that may be required. If food is not ready at time of pick-up it is the school’s responsibility to arrange another pick-up date and time.

State-wide Award Categories

** Awards will only be given to schools, whose food are donated to the Anne Arundel County Food Bank and submits the Intent to Participate form **not later than October 14, 2011**.

The categories that will be recognized are:

- School with the most pounds of food collected
- Highest amount of monetary donations collected
- School with the most pounds in each county

The top five schools for pounds collected and top five schools for monetary donations will be recognized and awarded a monetary donation as listed below:

- First: \$650 + Joe Corbi's sponsored pizza party
- Second: \$300 + Joe Corbi's sponsored pizza party
- Third: \$300 + Joe Corbi's sponsored pizza party
- Fourth: \$300 + Joe Corbi's sponsored pizza party
- Fifth: \$300 + Joe Corbi's sponsored pizza party

For each county, the school with the most pounds collected, will be awarded \$100.

Those schools that place in multiple categories will receive the highest ranking monetary award but will not receive more than one cash reward. Schools with multiple rankings will still be recognized.

All monetary prizes will be used toward purchases through the Maryland State Department of Education. All awards are at the discretion of the Maryland State Board of Education. Rules and regulations are subject to change by the Maryland State Board of Education.

Additional questions or concerns please contact Ben Brown at the Anne Arundel County Food Bank at 410-923-4255 or ben@aafoodbank.org.

Fun Food Drive Ideas

All events can be incorporated into existing school programs and school names. For example School Name's Stuff-a-Bus.

Stuff-a-Bus

(car, classroom, etc.)--Set a goal to fill an area full of food

Food for Fines

Allow students to pay library fines with cans of food

Food Pyramid

Discuss the dynamics of the USDA food pyramid

Food and Nutrition Service Learning Project

See Appendix B

Class Competition

Create excitement around the food collection with competition between classes and a prize for the winner

Invite a speaker about hunger in your community

Contact the Anne Arundel County Food Bank for a representative to come and speak to your school.

Discuss the effects of hunger

Have students research and discuss the effects of hunger on individuals and the community.

Food donor wall

Take Pictures of every student who donates five pounds or more. Put all pictures up in the front office.

'Read-to-Feed'

Conduct a drive where students are sponsored by friends and family to read a set number of books in exchange for canned food.

2011 Kids Helping Kids
INTENT TO PARTICIPATE FORM
(Please print or type)

Name of School: _____

Principal's Name: _____

Principal's E-mail: _____

Kids Helping Kids Coordinator's Name: _____

Coordinator E-mail: _____

Coordinator position (i.e.: guidance counselor, teacher, parent, or administrator):

School Phone: _____ Other Phone: _____

Preferred method for communications:
___ e-mail ___ School Phone ___ Other Phone

School Address: _____

County (for Baltimore specify city or county): _____

*Location for pick-up (i.e. loading dock, cafeteria): _____

Will food donation be going to the Anne Arundel County Food Bank: ___ Yes ___ No

If no, what is the agency's name: _____

Contact number of local agency: _____

Contact name of local agency: _____

Please note: Food MUST be boxed and easily accessible on the ground floor.
Food will be picked up one – two weeks after the drive ends. A copy of a tentative schedule of food pickups in Anne Arundel County is available on our Anne Arundel County Food Bank website – aafoodbank.org. **Please look up your school and notify Ben Brown (410-923-4255) if it is not listed.** Schools will be notified of any changes that may be required. .

Please return this form to:
Ben Brown
Anne Arundel County Food Bank
P.O. Box 650, Crownsville, MD 21032
Fax: 410-923-4256 E-mail: ben@aafoodbank.org

Appendix A: Food and Nutrition Service Learning Project



Maryland State Department of Education **Service-Learning Unit** **Nutrition and Fitness**

Primary Subject: Health

Grade Level: 6th and/or 7th

Additional Subject Area Connections: Math, Science, Language Arts

Unit Title: Nutrition and Fitness

Type(s) of Service: Indirect &/or Direct

Unit Description: As students learn about the relationship between nutrition and health/fitness, they will select a homeless shelter, soup kitchen, etc., and develop a plan of action to meet the nutritional needs of the various age groups served by the selected organization.

Potential Service-Learning Action Experience:

- Students can perform a scientific study on the nutritional needs of a population. They will then organize and implement a plan of action (fundraiser, food drive, etc.) to specifically support the nutritional needs of the group (indirect).
- Deliver the food to the organization and/or help serve/distribute the food at the organization (direct).

Maryland State Curriculum Indicators Met

Health:

6.0 Nutrition and Fitness - Students will demonstrate the ability to use nutrition and fitness knowledge, skills, and strategies to promote a healthy lifestyle.

(Grade 6)

1. Explain the role of nutrients.
A. Nutrition and Fitness
 1. Identify and define functions of nutrients.
 - a. Identify and define the six major nutrient groups: Carbohydrate, Protein, Fat, Vitamins, Minerals, Water.
 - b. Identify food sources for each of the major nutrient groups.
 - c. List major nutrients found in each of the food groups.
 - d. Analyze the information on a nutrition facts label.

(Grade 7)

1. Explain the role of nutrients.
A. Nutrition and Fitness
 1. Explain the role of nutrients.
 - a. Describe the function of the six major nutrients.
 - b. List and explain how nutrients affect the risk factors for the following four common chronic diseases: Cancer, Cardiovascular disease, Osteoporosis, Type II Diabetes.
 4. Apply the Dietary Guidelines for Americans in meal planning.
 - a. Describe the basic principles of meal planning.
 - b. Explain how to create a healthy meal plan using the Food Guide Pyramid and Dietary Guidelines for Americans.

Additional Course MSCI follows.

**Alignment with Maryland's
Best Practices of Service-Learning:
*Nutrition and Fitness***

- 1. Meet a recognized community need**
Provide a homeless shelter, soup kitchen, or food pantry with food that targets their specific nutritional needs.
- 2. Achieve curricular objectives through service-learning**
See Voluntary State Curriculum standards listed in lesson.
- 3. Reflect throughout the service-learning experience**
Options include preparing a budget with the money amassed from the fundraiser to purchase food needed to meet the nutritional needs of the group. Complete a photo essay on the project.
- 4. Develop student responsibility (Students have opportunities to make decisions about the service-learning project.)**
Students will decide on the homeless shelter, develop the action plan, and implement the project.
- 5. Establish community partnerships**
Students will contact a local homeless shelter to partner with during the project. A grocery store should be contacted for purchasing foods at a possible discount. Local businesses may also be contacted for donations.
- 6. Plan ahead for service-learning**
Students need to obtain information about the nutritional needs of different age groups. They must be involved in formulating a relevant objective, and then devise an organized plan to implement the project.
- 7. Equip students with knowledge and skills needed for service**
Students will need to learn about proper nutrition and health/fitness and why they are important to the human body. This will help them understand why it is important to provide the community organization with specific nutritious foods. Students should also understand the scientific process when engaging the initial investigation. Provide students with ad flyers from a local grocery store and then have them try to plan a nutritionally acceptable meal(s) based on the allotment of food stamps for one family of four.

Additional MSCI Indicators Met

Math:

Standard 7.0 Processes of Mathematics:

Students demonstrate the processes of mathematics by making connections and applying reasoning to solve problems and to communicate their findings.

Topic

A. Problem Solving

Indicator

1. Apply a variety of concepts, processes, and skills to solve problems.

Objectives

Identify the question in the problem.

Decide if enough information is present to solve the problem.

Make a plan to solve a problem.

Apply a strategy, i.e., draw a picture, guess and check, finding a pattern, writing an equation.

Select a strategy, i.e., draw a picture, guess and check, finding a pattern, writing an equation.

Identify alternative ways to solve a problem.

Show that a problem might have multiple solutions or no solution.

Extend the solution of a problem to a new problem situation.

Science:

Standard 1.0 Skills and Processes

Students will demonstrate the thinking and acting inherent in the practice of science.

Topic

A. Constructing Knowledge

Indicator

1. Design, analyze, or carry out simple investigations and formulate appropriate conclusions based on data obtained or provided.

h. Use mathematics to interpret and communicate data.

Additional MSCI Indicators Met

Language Arts – Writing:

Standard 4.0 Writing: Students will compose in a variety of modes by developing content, employing specific forms, and selecting language appropriate for a particular audience and purpose.

A. Writing

1. Compose texts using the prewriting and drafting strategies of effective writers and speakers.

a. Use a variety of self-selected prewriting strategies to generate, select, narrow, and develop ideas.

Evaluate topics for personal relevance, scope, and feasibility.

Begin a coherent plan for developing ideas.

Explore and evaluate relevant sources of information.

b. Select, organize, and develop ideas appropriate to topic, audience, and purpose.

Organize information logically.

Use effective organizational structures.

Select or eliminate information as appropriate.

Verify the effectiveness of paragraph development by modifying topic, support, and concluding sentences as necessary.

Procedures with Resources: *Nutrition and Fitness*

These procedures represent an example of a service-learning lesson on this specific topic, but can be changed to meet individual classroom interests or varying community needs. You are encouraged to adapt this unit to fit your unique classroom and community and to solicit student input in planning and decision making.

1. Introduce the service-learning project by discussing service-learning and citizenship with students and engaging in activities to explore those themes. A resource to support this topic can be found at www.servicelearning.org/resources/bring_learning/.
2. Research the nutritional requirements for all of the various age groups.
 - <http://www.health.gov/dietaryguidelines/>
 - www.mypyramid.gov
 - http://fnic.nal.usda.gov/nal_display/index.php?info_center=4&tax_level=3&tax_subject=256&topiec_id=1348&level3_id=5732&level4_id=0&level5_id
 - <http://www.fao.org/docrep/007/y5686e/y5686e00.htm>
3. Brainstorm or continue research to create a list of local homeless shelter, soup kitchen, or outreach program.
 - www.artistshelpingchildren.org/shelters.html#maryland
 - www.nationalhomeless.org/resources/local/alternateindex.html
 - www.dhr.state.md.us/county.htm
4. Choose one shelter per class. (Classes can then compete for a “prize”.)
5. The class must then select a student speaker for contact purposes.
6. Contact the shelter by phone. Dialogue should include:
 - Stating the name, school, and a synopsis of the project.
 - Asking the representative if the organization would like to participate in the project.
 - Having the representative:
 - Identify major age groups served by the organization.
 - Identify the foods being served on a daily basis.
 - Identify any nutritional shortages.
7. Have each class develop an objective targeted at the particular focus for each organization.
8. Develop a plan of action. (Examples: Fundraiser, food drive)
9. Complete project Worksheet:
www.goodcharacter.com/SERVICE/primer-9.html
10. Successful Examples in Maryland:
 - Guideline for service-learning action plans,
 - www.goodcharacter.com/SERVICE/primer-3.html
 - Website with the true story involving an 8 year-old Maryland girl who had a vision and ultimately accomplished her goal, www.happyhelpersforthehomelss.org/index.html
 - An article about the work that Bea Gaddy and her family have done in Baltimore, www.citypaper.com/news/story.asp?id=3382

- Website for the Bea Gaddy Family Center, www.bea-gaddy-family-center.org/index.shtml
11. The plan for each class must include procedures to obtain the necessary food items for each shelter and a way for the students to deliver the food and participate in serving one meal (not necessarily the food raised).
 12. Implement the action plan.
 13. Reflect and evaluate the effectiveness of the project by completing the *Rubric for Assessing the Use of the Maryland's Seven Best Practices of Service-Learning* which can be found at www.mdservice-learning.org.

Created: July 2007

Additional Interdisciplinary Connections



Reading & Language Arts – Action plan writing embedded in the writing curriculum.

Math – Developing a budget to purchase the necessary foods. Food stamps activity.



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Division of Student, Family, and School Support
 Youth Development Branch
 200 West Baltimore Street

Appendix B: Sample Food Drive Flyer (see attached)

Available at:

www.aafoodbank.org

www.mdservice-learning.org

www.marylandpublicschools.org

You may customize this flyer for your school's drive.

Kids Helping Kids 2011

FOOD DRIVE

October 17, 2011

to

November 4, 2011

Our school will be collecting
non-perishable items for the
hungry in Anne Arundel County.

Most Needed Items:

Peanut butter
Canned meats
Macaroni and cheese
Canned vegetables



HARVEST FOR THE HUNGRY

